

# Wording for Chronic Tiredness Article 1

## The Real Reasons No-One Else Has Been Able To Help You with Your Condition

Chronic tiredness and Chronic Fatigue Syndrome are conditions that doctors and many natural therapists find hard to treat, and part of the reason for this, is that there are **so many possible causes**. There are literally hundreds of reasons for long-term tiredness, including poor sleep, adrenal fatigue, hypoglycaemia, low thyroid, a hidden infection in the body, toxicity, food intolerances, etc. Most of these will not show up in a blood test, so many people suffering from chronic tiredness that come to our clinic have been checked out by their doctor, and have been told that "There is nothing wrong with you", or "It is just stress, or getting older". In other words, "Just put up with it!" Or even worse, because nothing shows up in their blood test, the doctor believes it is all in their head, and prescribes them antidepressants! But anyone who has chronic tiredness will tell you that it is a very real condition, that has a major impact on their life.

There are many therapists who treat tiredness and fatigue, but the majority of them only focus on a small number of causes, and so their treatments will only work for people that have one of those particular causes. This means that it can be a bit of a lottery finding someone that understands your condition and can get real results. Before coming to us, some of our clients had spent many thousands of dollars trying out different therapists and techniques to try and get themselves better.

To get good results, you have to have 3 things-

- The right diagnosis,
- The right treatment, and
- The right dosage.

If you get all three right, you will get the right results. But out of these, getting the diagnosis right is the most important. If this is wrong, you will not get anywhere.

So at Centenary Natural Therapies Clinic, we take the guesswork out of the equation. We won't take you on as a client until we have completed a thorough, detailed assessment of your body, to see exactly what is going on with it, and we know clearly what we need to do to get you running around full of energy again. We don't just want to get you a little bit better, we want to get you hugely better!

A Comprehensive Health Assessment is normally valued at \$120, however we have a special offer on at the moment, and we have a limited number of these assessments free of charge. We will explain to you, in language you can understand, why you feel the way you do, and outline some easy ways you can renew your energy with our help. There is no obligation whatsoever regarding your assessment, just good information on how to get your health and your life back again.

If you have had enough of feeling exhausted all the time and would like to get it sorted out now, please ring or email our clinic and book in for your free Comprehensive Health Assessment.

*"Initial consult with Peter - amazing. For a long-standing health issue he was able to identify and work through my issues, and didn't rush any aspect of treatment. Very experienced and knowledgeable. Would recommend to all my friends."*

Samantha Harte

*"When I had my Health Assessment with Peter I swore that he was psychic because he was telling me what I already knew, and his words were "I'm only telling you what your body is telling me". I'm here purely because I was a non-believer, and after just one week with the clinic I am now a true believer! I can't wait for the coming weeks and months."*

Julie Gunn